



Where Kids Can Be Kids

2025 Instructional Sports

This is one of two available fitness tracks. If your child who is 8 years old or over loves sports and physical activity, then this is the fitness track for you! ALL campers participate in weekly themes that incorporate special events, hands on science activities (STREAM), a young naturalist program, hydroponics, gardening, life skills, character development & spiritual enrichment, and good old-fashioned summer fun rolled into one!

This one of a kind camp is in Medina, Ohio and is available to campers 8-13 years old.

Find more info and register online at www.countrylifekidscamp.com

Join Our Exciting New Pickleball Program at Country Life Kids Camp!

We are thrilled to introduce the latest addition to our Country Life Kids Camp activities – the Junior Pickleball Clinics! Following the success of our 2024 upgrades, which included brand-new re-surfaced pickleball courts, we're excited to announce even more enhancements for 2025.

VISIT FOR MORE INFO
countrylifekidscamp.com/pickleball

What's New in 2025?

- Junior Pickleball Clinics: Tailored specifically for our campers, these clinics will offer expert instruction and fun practice sessions.
- Lighted Courts: Enjoy playing pickleball even after the sun sets with our newly installed lights for nighttime play.
- Pickleball Machine: Improve your skills with our state-of-the-art pickleball machine, perfect for practice and drills.

Come join the outdoor fun in the spring, summer, and fall! Whether you're a seasoned player or new to the game, our Junior Pickleball Clinics and Summer Camp Pickleball weeks are designed to provide an unforgettable experience that can last a lifetime!

Week/Dates	Weekly Theme	Special Event	Instructional Sports (Coaches)
Week 1 June 2-6	Eco Innovators Let's embark on an exciting adventure using imaginative fables to guide us as we engage in hands-on EcoCycle concepts! Together, we'll explore fun ways to recycle, reduce, reuse, upcycle, and even harness the power of renewable energy. This is all about sparking creativity in young minds while making a positive impact on our environment.	Get ready to design, engineer, and build your very own Putt-Putt Course on our delightful 9-hole putting green, using recyclable materials. After all your hard work, come enjoy playing on the fantastic course you've created!	Intro Pickleball Players will be coached through essential pickleball skills, including serving, ground strokes, dinking, and scoring. The program begins with developing court-awareness and court-positioning, progressing to footwork, body-positioning, and proper mechanics. Pickleball, a sport that blends elements of badminton, ping-pong, and tennis, is quick, fast-paced, and easy to learn. The best part is that our camp has invested in two new pickleball areas with backstops, ensuring continuous play. Campers will master the fundamentals, rules, and strategies of the game while enhancing their hand-eye coordination in a fun and supportive environment.
	Week 2 June 9-13	Mysteries of Water What are the wonderful mysteries of water? Among the most common substances on Earth, water holds so many fascinating secrets! It features a variety of unique properties—many of which are vital for life. Together, we'll dive into the enchanting water cycles, discover different forms of water, uncover the amazing power of water, explore what lives beneath our CLKC pond, and learn how to fish in Ohio's beautiful waters.	Intro Basketball The first basketball week will focus on the fundamentals of basketball such as shooting, lay-ups, finishing moves, footwork, passing, jump stops, pivoting, blocking out, rebounding, dribbling, ball-handling, foul shooting, and defensive and offensive development. These fundamentals are the key ingredients to master for they will give the athlete the skills to compete and contribute at the next level no matter the competition. To enhance these skills, dynamic drills will be used to challenge and excel player's skill sets along with increasing their court IQ.

Week 3
June
16-20

Barnyard Carnival

Explore the exciting future of agriculture by learning about soil, farming, and wildlife conservation through engaging hands-on demonstrations, experiments, and even muddy fun! Together, let's cultivate healthy habits—spiritually, emotionally, and physically—while we discover wonderful ways to enhance our overall health and wellbeing.

Join us in designing, engineering, and building fun carnival games for our Barnyard Fun Fair! And don't forget to get moving at our lively Barn Dance Party. Who knows, we might even have some friendly barnyard animals joining in on the fun!

Tough Mudder Challenge

This week forges an opportunity for a competitive athlete to strive through intense leadership and team development settings where they will gain a better understanding of what it takes to improve, achieve and succeed in an individual and team environment. Our dynamic training includes a combination of agility, obstacle course challenges, strength and endurance activities. At the end of the week, the campers will compete in a fun, competitive endurance event that will challenge them to make their way through a course to complete various obstacles and varying distance runs like a Tough Mudder Challenge.

Week 4
June
23-27

Around the World Holidays

Embark on an exhilarating journey as we celebrate global holidays, delving into the vibrant history and beloved traditions of different countries, with a focus on Christmas, Halloween, and Easter!

Prepare for the Amazing Holiday Race Around the World Challenge, destined to be one of the most unforgettable events in camp history. Join us for this extraordinary, Olympic-style competition, where your team will tackle festive engaging challenges for both the mind and body at every step! Who will win the race and be honored with timeless medals?

Net Games

Elevate your game with net games and volleying skills at CLKC! Your young athlete will develop their court-awareness, footwork, body-positioning, and mechanics to conquer games like badminton, pickleball, and volleyball. Transform playground fun into net game mastery!

Week 5
July
7-11

Camp Jurassic

Explore paleontology and volcanology during an exciting week of Jurassic adventures. Become a geo explorer and discover ancient treasures, including gems and dinosaur species.

Prepare to put your skills to the test in Operation Volcanic Panic, a high energy crisis mission inspired by iconic Jurassic films.

Advanced Basketball

The final basketball week at Country Life Kids Camp will be an exciting opportunity for our athletes to develop and refine the skill sets that will allow them to compete and contribute at the next level. This week will focus on:

- Dynamic drills that challenge and excel players' skill sets, increasing their court IQ and developing them as complete team players.
- Fundamental skills at higher levels of performance, emphasizing court awareness, mental toughness, work ethic, and attitude.
- Athletes will learn essential team offensive and defensive strategies and concepts.

Agility training will continue to focus on basketball-specific movements to develop quickness and balance, benefiting athletes in both the transition game.

Week 6
July
14-18

Minion Frenzy

Join us for a fun-filled science adventure where you can bend, stretch, and squash your way through exciting polymer experiments! Did you know that both plants and animals have their own natural polymers? Get ready to create a lively lab with wild experiments that even the minions would be amazed by!

Become part of our Minion Polymer Museum by setting up your very own station! Just keep an eye out for any sneaky supervillains who might want to snatch away your wonderful creations and cause a little mischief at CLKC!

Soccer

The athletes will learn how to play smart and simple one to two touch soccer through fundamental training and small sided games. This type of training will help the athletes show creativity and vision on the field with full control of the ball, give them the ability to anticipate the next play and be able to make quick decisions under pressure elevating them to the next level. They will train to become a master in dribbling, shooting, passing, juggling, crossing, heading, and tackling with precision. Opportunities for each athlete to train both physically and mentally will be planned daily for development of the complete and coachable player.

Week 7
July
21-25

Game Makers

Discover the fun of strategy while learning board games with a level-up mindset! Unleash your creativity as a gaming engineer by designing, building, and playing your very own board game.

Join us for a Operation Game's Not Over Challenge! Embrace the adventure in this chaotic quest, where you'll step into a life-size game inspired by a combination of Jumanji, Wreck-it-Ralph, and even Pixels. Are you ready to conquer the game?

Fielding Games

This week is dedicated to fielding games where you can give your best to learn baseball and softball skills, tactics, and situational play. Campers will participate in kickball, softball, and baseball games to develop and enhance their overall fielding capabilities. The focus will be on sports-specific skills like hitting mechanics, correct throwing techniques, and fielding both fly balls and grounders. We will cover offensive and defensive scenarios to help campers gain a deeper understanding of the game, fostering mental focus and situational awareness in the field, at bat, and on the bases.

Furthermore, campers will have chances to refine specific positional skills, such as catching and pitching. Regardless of whether you're a newcomer to the sport or a seasoned player at the club or travel level, this week at camp promises a fun, dynamic approach to skill-building and situational drills, allowing you to elevate your game beyond the warning track and out of the park!

Week 8
July 28 -
Aug 1

Myth Buster Lab

Get ready for an amazing myth-busting adventure designed for kids! You'll investigate myths to determine if they're truth, legend, or just magical illusions.

Stay tuned for our Mystery Box Challenge. What surprises and tools await you inside your mystery box? Enjoy this thrilling, action-packed lab experience!

Advanced Pickleball

The second week of pickleball at Country Life Kids Camp promises to be an exciting and skill-building experience for all campers. This week, players will focus on enhancing their individual offensive skills, such as attacking, and defensive skills to effectively cover the entire court.

To aid in their development, we will introduce a pickleball machine, providing campers with additional time on the court to practice and refine their techniques. This machine will allow for repetitive drills and consistent practice, helping players to improve their accuracy and reaction times.

In addition to individual skills, there will be a strong emphasis on doubles play. Campers will learn to move in unison with their partners, mastering the art of positioning and communication to successfully defend the court. This teamwork aspect is crucial for effective doubles play, ensuring that players can anticipate each other's movements and cover the court efficiently.

The week will culminate in an exciting doubles tournament. This event will give campers the opportunity to showcase their newly acquired skills and compete in a fun and supportive environment.

**Week 9
August
4-8**

Epic Decade Bash

Explore the evolution of American culture throughout the decades. Journey across the nation to discover significant achievements, notable figures, and cultural icons from the 1950s to the present! Celebrate the eras of the 1950s-60s, 1970s-80s, 1990s-2000s, and beyond!

Form your teams for our Game Show Mania event, where we will revisit some of America's most beloved game shows! Enjoy Jeopardy, Family Feud, and Wheel of Fortune!

Survivor Challenge

This week at Country Life Kids Camp, campers will have the thrilling opportunity to "Tribe-Up" and engage in the Survivor Challenge. Throughout the week, they will strive to Outwit, Outplay, and Outlast each other in a series of athletic challenges designed to test their intellect, athleticism, and teamwork skills.

Each day, participants will work hard to demonstrate positive character traits and the diligence needed to be voted "IN" at the Final, Daily Tribal Council. This daily recognition as the Survivor Leadership Award Winner will make them eligible for the prestigious Survivor Master Leadership Award at the end of the week.

We are excited to see the campers rise to the occasion and showcase their growth and resilience during this action-packed week!



Where Kids Can Be Kids

**"Where Kids
Can Be Kids"**

Our Mission is to prepare our youth for the future by instilling in them character... values... leadership... and a moral compass by which to lead their lives.

**TUITION
DISCOUNTS
AVAILABLE**

**See our website
for details
about our early
registration and
sibling discounts!**

PARENTS CAN CHOOSE ONE OF TWO PHYSICAL ACTIVITY TRACKS

Thank you for considering Country Life Kids Camp for your child's summer camp experience!

When registering for camp, if your child is eight or older, you can choose which type of physical activities best suits your child. *Both Options will afford every child the opportunity to experience elements of the TRADITIONAL aspects of the "Camp Adventure" including Weekly Themes, and Special Events* that allow the campers to truly indulge themselves in wonderful and creative places.

The **"Instructional Sports"** Fitness Track focuses each morning, for a total of **17 hours per week** of athletics instructed by motivated coaches dedicated to helping children to achieve and succeed, striving to reach personal bests in athletics; mentally, physically, and emotionally.

This fitness track also offers campers the opportunities to increase their skill level and total body conditioning through a weekly Agility Training Program that focuses on sport specific movements and muscle groups to allow the athlete to coordinate skills effectively and efficiently. These programs provide your child with the necessary knowledge to proactively measure their fitness levels for a lifetime. The process will entail evaluating and assessing the athlete's baseline measurements at the beginning of the first week and the final week of their participation. Throughout the training weeks they will learn about fitness education, nutrition, and self-evaluations to track their healthy progress to reach their goals. Instructional sports activities focus on developing the whole person through a supportive atmosphere of athletic achievement, and a variety of core character development lessons.

OR you can choose **"Cooperative Games"** Fitness Track which is teacher lead, for a total of **4 hrs.** per week for physical activity in a PE environment, the learning goals will be to increase the camper's sense of personal confidence, to develop interactive and cooperative team building skills, to increase their level of physical conditioning, encourage problem solving and decision-making skills and let campers play in a fun and supportive environment without the fear of failure.

The extra time on the traditional side of the camp is academic driven on weekly themes that tie into art and crafts, outdoor education, STREAM.

At Country Life Kids Camp, the mission guides us to prepare our youth for the future by installing in them character, values, leadership, and a moral compass by which to lead their lives.

We're looking forward to a **"Magical Summer"** that installs confidence in your child and creates wonderful memories.

Thank you,

Tina Bildstein, Camp Director