# SOCCER CAMP

#### Youth Instructional Sports and Performance Training

#### **Soccer Camp**

#### Week 6 July 14 - 16

During Soccer Week, athletes will immerse themselves in a comprehensive training program designed to enhance their soccer skills and game intelligence. The focus will be on playing smart and simple one to two touch soccer through fundamental training. This approach encourages creativity and vision on the field, allowing players to maintain full control of the ball, anticipate the next play, and make quick decisions under pressure. These skills are crucial for elevating their game to the next level.

Throughout the week, athletes will work on mastering essential soccer techniques, including dribbling, shooting, passing, and goalkeeping. The training sessions are structured to develop these skills through repetitive practice and real-game scenarios.

Small and large-sided games will be a key component of the training, providing players with the opportunity to apply what they've learned in a competitive setting. These games will help highlight individual strengths and weaknesses, enabling coaches to identify specialized skills that can set each athlete apart from their peers. This personalized feedback is essential for players aspiring to become champions in soccer.

Director: Tina Bildstein



## What gives our Soccer Camp the competitive edge?

#### **Exceptional Coaching and Leadership Development**

Our camp features a unique coaching and sports leadership development program designed by a University of Akron Sport Science instructor. It integrates sport psychology principles, providing athletes with essential tools for life. The program promotes physical and mental excellence, both individually and as part of a team. Intense leadership and team sessions help athletes understand what it takes to achieve success in various environments, ultimately enhancing performance levels.

### **Top-Tier Coaches: Jessica Radecky and Maddison Stafford**

We're excited to welcome Jessica Radecky and Maddison Stafford as our soccer coaches this summer. Jessica brings extensive experience as a college coach and state champion. Her philosophy connects sports skills to life lessons, fostering personal growth. Maddison's exceptional skill as a D1 college player makes her a valuable coaching asset. This blend of coaching excellence and character development makes our Soccer Week unique, equipping athletes with the skills and mindset to excel in soccer and beyond.