

## 2025 Cooperative Cames

This is one of two available fitness tracks. ALL campers participate in weekly themes that incorporate special events, hands on science activities (STREAM), a young naturalist program, hydroponics, gardening, life skills, character development & spiritual enrichment, and good old-fashioned summer fun rolled into one! This one of a kind camp is in Medina, Ohio and is available to children 7 (completed First Grade)-13 years old.

#### Find more info and register online at www.countrylifekidscamp.com

Week/Dates	Weekly Theme	Special Event	Cooperative Games
Week 1 June 2-6	Eco Innovators		Putt Putt & Frisbee Games
	Let's embark on an exciting adventure using imaginative fables to guide us as we engage in hands-on EcoCycle concepts! Together, we'll explore fun ways to recycle, reduce, reuse, upcycle, and even harness the power of renewable energy. This is all about sparking creativity in young minds while making a positive impact on our environment.	Get ready to design, engineer, and build your very own Putt-Putt Course on our delightful 9-hole putting green, using recyclable materials. After all your hard work, come enjoy playing on the fantastic course you've created!	This week, campers will discover fun ways to share resources while tackling exciting challenges and thinking creatively! They'll learn important life lessons about teamwork and the value of communication through a variety of engaging STREAM sports. These activities blend physical movement with science, technology, religion, engineering, art, and math, making learning come alive. Our curriculum encourages kids to move, think, and explore by applying STEM concepts to putt-putt and frisbee games.
	Mysteries of Water		Volleyball & Badminton
<b>Week 2</b> June 9-13	What are the wonderful mysteries of water? Among the most common substances on Earth, water holds so many fascinating secrets! It features a variety of unique properties—many of which are vital for life. Together, we'll dive into the enchanting water cycles, discover different forms of water, uncover the amazing power of water, explore what lives beneath our CLKC pond, and learn how to fish in Ohio's beautiful waters.	Dive into a thrilling mystery with our life-size Clue game! Are you familiar with the classic detective board game? We're bringing it to life for an exciting in-person adventure! It's a fantastic opportunity for youth to think critically, forge relationships, and unravel the mystery of a sunken treasure.	This week, campers will have a fantastic time exploring different variations of volleyball and badminton games. They'll dive into basic essential skills like serving, passing, setting, and spiking. Volleyball is not just an exciting game; it's also a wonderful way to build trust and communication within a team, all while enhancing personal strength and coordination.
	Barnyard Carnival		Dance and Carnival Relays

# **Week 3**June 16-20

Explore the exciting future of agriculture by learning about soil, farming, and wildlife conservation through engaging hands-on demonstrations, experiments, and even muddy fun! Together, let's cultivate healthy habits—spiritually, emotionally, and physically—while we discover wonderful ways to enhance our overall health and wellbeing.

Join us in designing, engineering, and building fun carnival games for our Barnyard Fun Fair! And don't forget to get moving at our lively Barn Dance Party. Who knows, we might even have some friendly barnyard animals joining in on the fun!

From the Barnyard to the Hall, get ready to dance your heart out all week long! You'll have a fantastic time practicing timing, movement, rhythm, and balance. Campers will jump into some wonderful traditional line and square dances, discovering the rich history and importance of dance in our culture along the way! And if dancing isn't your thing, no problem at all! We'll help you learn the basics and then get you involved in playing along with an instrument to keep the rhythm alive. We will also blend in an array of wild barnyard carnival relays that will be sure to spark a laugh!

### Week 4 June 23-27

#### **Around the World Holidays**

Embark on an exhilarating journey as we celebrate global holidays, delving into the vibrant history and beloved traditions of different countries, with a focus on Christmas, Halloween, and Easter!

Prepare for the Amazing
Holiday Race Around the World
Challenge, destined to be
one of the most unforgettable
events in camp history. Join us
for this extraordinary, Olympicstyle competition, where
your team will tackle festive
engaging challenges for both
the mind and body at every
step! Who will win the race
and be honored with timeless
medals?

#### **Traditional Sports Around the World**

Play games around the globe with us! You'll get to explore wonderful cultures and traditions through fun and engaging games. From the timeless board games of Asia to the lively outdoor games of Europe and the creative games of America, these activities are more than just entertaining—they're a fantastic way to learn, connect with others, and gain insights into the cultural values of diverse societies.

#### **Camp Jurassic**

Week 5 July 7-11 Explore paleontology and volcanology during an exciting week of Jurassic adventures. Become a geo explorer and discover ancient treasures, including gems and dinosaur species.

Prepare to put your skills to the test in Operation Volcanic Panic, a high energy crisis mission inspired by iconic Jurassic films.

#### **Scavenger Hunts and Hiking Adventures**

Have you ever seen a Triceratops or T-Rex? This week, embark on an exciting adventure that will invigorate your senses with the sights, sounds, and scents of the CLKC wilderness as you explore. Get to know the landscape using maps, clues, and geocaching techniques to unearth hidden treasures or avoid hazardous Cretaceous creatures. Along the trail, we will participate in activities such as Nature Bingo, binocular glassing, I Spy, nature journaling, and more!

Week 6

July

14-18

#### **Minion Frenzy**

Join us for a fun-filled science adventure where you can bend, stretch, and squash your way through exciting polymer experiments! Did you know that both plants and animals have their own natural polymers? Get ready to create a lively lab with wild experiments that even the minions would be amazed by!

Become part of our Minion Polymer Museum by setting up your very own station! Just keep an eye out for any sneaky supervillains who might want to snatch away your wonderful creations and cause a little mischief at CLKC!

#### **Basketball and Korfball**

Why should Gru have all the fun? This week, get ready to bounce like a polymer as we dive into the basics of basketball together! We'll focus on dribbling, passing, shooting, and rebounding through fun activities and drills that everyone, even beginners, can enjoy. Plus, campers will have the exciting opportunity to discover Korfball – a fast-paced and rapidly growing team sport played in over 70 countries around the globe! Come join us this week and be part of the action!

#### Game Makers

Week 7 July 21-25 Discover the fun of strategy while learning board games with a level-up mindset! Unleash your creativity as a gaming engineer by designing, building, and playing your very own board game.

Join us for a Operation Game's Not Over Challenge! Embrace the adventure in this chaotic quest, where you'll step into a life-size game inspired by a combination of Jumanji, Wreckit-Ralph, and even Pixels. Are you ready to conquer the game?

#### **Confidence Obstacle Course**

Envision overcoming every obstacle! Our thrilling dual team challenge obstacle course encourages campers to push their boundaries and uncover their true potential. They'll sprint with excitement, soar to greater heights, and feel more powerful than ever! Participants will tackle various challenges including the rope climb, balance beam, rock wall ascent, cargo net, tunnels, low crawls, and hurdles, all while striving to improve their time and enhance their overall fitness.

#### **Myth Buster Lab**

Week 8 July 28 -Aug 1 Get ready for an amazing mythbusting adventure designed for kids! You'll investigate myths to determine if they're truth, legend, or just magical illusions. Stay tuned for our Mystery Box Challenge. What surprises and tools await you inside your mystery box? Enjoy this thrilling, action-packed lab experience!

#### **Dodgeball Games**

Get ready to duck, dodge, jump, and throw, all while having a blast! This week, campers will engage in an exciting array of dodgeball games that guarantee plenty of fun. You'll enjoy a fantastic time while honing your hand-eye coordination, balance, flexibility, and agility—getting a great workout in the process! Prepare for exhilarating mythical challenges such as Gladiators, Dr. Dodgeball, Prison Ball, Island Dodgeball, and Hoop Shoot Dodgeball, all crafted to bring out your inner champion! Expect to see some shaving cream dodgeball included for some wild and wacky end-of-summer fun!

#### **Epic Decade Bash**

Week 9 August 4-8 Explore the evolution of American culture throughout the decades. Journey across the nation to discover significant achievements, notable figures, and cultural icons from the 1950s to the present! Celebrate the eras of the 1950s-60s, 1970s-80s, 1990s-2000s, and beyond!

Form your teams for our Game Show Mania event, where we will revisit some of America's most beloved game shows! Enjoy Jeopardy, Family Feud, and Wheel of Fortune!

#### Intro Soccer, Speedball and Kickball

Jump into an introduction of non-competitive soccer-like games while exploring key skills like passing, dribbling, and shooting. Campers are going to have an amazing time enhancing their foot skills through fun games such as kickball, footgolf, human foosball, and speedball. These engaging activities are fantastic introductions to practicing your footwork and learning how to move strategically for both team and individual success, all while boosting your overall game IQ.

#### PARENTS CAN CHOOSE ONE OF TWO PHYSICAL ACTIVITY TRACKS

Thank you for considering Country Life Kids Camp for your child's summer camp experience!

When registering for camp, if your child is <u>eight</u> or older, you can <u>choose</u> which type of physical activities best suits your child. Both Options will afford every child the opportunity to experience elements of the TRADITIONAL aspects of the "Camp Adventure" including Weekly Themes, and Special Events that allow the campers to truly include themselves in wonderful and creative places.

The "Instructional Sports" Fitness Track focuses each morning, for a total of 17 hours per week of athletics instructed by motivated coaches dedicated to helping children to achieve and succeed, striving to reach personal bests in athletics; mentally, physically, and emotionally.

This fitness track also offers campers the opportunities to increase their skill level and total body conditioning through a weekly <u>Agility Training Program</u> that focuses on sport specific movements and muscle groups to allow the athlete to coordinate skills effectively and efficiently. These programs provide your child with the necessary knowledge to proactively measure their fitness levels for a lifetime. The process will entail evaluating and assessing the athlete's baseline measurements at the beginning of the first week and the final week of their participation. Throughout the training weeks they will learn about fitness education, nutrition, and self-evaluations to track their healthy progress to reach their goals. Instructional sports activities focus on developing the whole person through a supportive atmosphere of athletic achievement, and a variety of core character development lessons.

**OR** you can choose "Cooperative Games" Fitness Track which is teacher lead, for a total of **4 hrs.** per week for physical activity in a PE environment, the learning goals will be to increase the camper's sense of personal confidence, to develop interactive and cooperative team building skills, to increase their level of physical conditioning, encourage problem solving and decision-making skills and let campers play in a fun and supportive environment without the fear of failure.

The extra time on the traditional side of the camp is academic driven on weekly themes that tie into art and crafts, outdoor education, STREAM.

At Country Life Kids Camp, the mission guides us to prepare our youth for the future by installing in them character, values, leadership, and a moral compass by which to lead their lives.

We're looking forward to a "Magical Summer" that installs confidence in your child and creates wonderful memories.

Thank you,

Tina Bildstein, Camp Director