

# PICKLEBALL GAMES

## Youth Instructional Sports and Performance Training

### Week 1 June 2 - 6

#### Intro Pickleball

Players will be coached through several fundamental pickleball skills including, serving, ground strokes, dinking and scoring. Each player will receive quality instructions by coaches and take part in fun tournament type games. Pickleball is a FUN sport that combines elements of badminton, ping-pong, and tennis. It is a quick, fast-paced, competitive game that is easy to learn. Our newly resurfaced multi-sport court and dedicated pickleball area ensure continuous play and enjoyment.

### Week 8 July 28 - Aug, 1

#### Advanced Pickleball

For the second week of pickleball, players will continue the development of individual offensive skills of attack and defensive skills to effectively cover the entire court. Additionally, there will be an emphasis on doubles play that establishes moving in unison with their partner to successfully defend the court through positioning and communication. The week culminates in a thrilling "Winner(s) Take All" doubles tournament.



*Clinics and Camp Instruction*

#### What gives Country Life Kids Camp's Instructional Sports Fitness the competitive edge for Pickleball?

#### Exceptional Coaching and Leadership Development

At Country Life Kids Camp, we offer a unique coaching program led by a University of Akron Sport Science and Wellness Instructor and college coach. Our program integrates sport psychology to help young athletes excel both physically and mentally. Through intensive leadership and team-building activities, campers learn what it takes to improve and succeed, whether individually or as part of a team.

#### Top-Tier Coaches

Our head coach, Tina Bildstein, brings extensive experience from pickleball tournaments nationwide. Our coaching team boasts numerous accolades, including All-American awards, Teacher and Coach of the Year honors, and champion-level achievements. They are dedicated to fostering a positive coaching environment that connects sports skills with life lessons. Give your child the opportunity to grow and thrive at Country Life Kids Camp's pickleball program!